

Unit 1 - INTRODUCTION

ANATOMICAL POSITION

Listening guide

Name _____ Period _____

1. The “anatomical position” is:

....“the universal accepted _____ point used to describe or _____ anatomical terms or _____.”

2. To be in correct anatomical position, the body must meet 3 criteria:

1.

2.

3.

3. Describe the anatomical planes:

1. Frontal (coronal):

2. Sagittal:

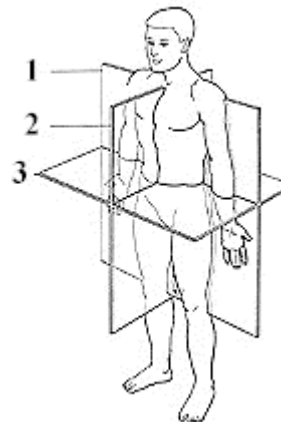
3. Transverse:

4. Identify the planes on the following diagram:

1. _____

2. _____

3. _____



5. Define the following directional terms:

1. **Medial**- towards the _____ of the body

2. **Lateral**- _____ from the midline of the body

3. **Superficial** - on or close to the _____ of the body

4. **Deep** - _____ away from the surface of the body

5. **Superior**- towards the _____ of the body (cranial)

6. **Inferior**- towards the _____ of the body (caudal)
7. **Anterior**- towards the _____ of the body (ventral)
8. **Posterior**- towards the _____ of the body (dorsal)
9. **Proximal**- situated _____ to the point of attachment
10. **Distal**- situated _____ from the point of attachment